

01 AUGUST 2023



031 030 0190

Clubhouse **CLOSED Mon/Tues**
Club Office hours - Wed to Fri 9am - 3pm
Sat-Sun - 9am - 2pm

Membership Enquiries
general@pwsc.co.za

Dear Members,

The DUCS Swim team was all set and excited to host a fantastic swim event this past weekend at DUC. Unfortunately, Mother Nature had other plans. Around 6am, soon after the team arrived, a sudden gust of wind swept through our setup early in the morning, making the water conditions dangerous for swimming. This was a surprise to all of us as none of the weather forecasts we consulted had predicted this turn of events.

As we stood there, hoping the winds would relent, 45 minutes passed without any improvement in conditions. Considering the safety of our participants, we were left with no choice but to cancel the swim. It was a tough call, but one we felt was necessary to ensure everyone's well-being.

While we share your disappointment, we have good news that we hope will make things a little easier. We've decided to automatically carry over all entries from the July swim to the August swim. This means you do not have to re-enter or go through the application process again. Your spot is secured and waiting for you next month. Note: If you had multiple entries under your email address, all the entries will be carried over.

Remember, the spirit of the DUCS League is in its resilience. We may have been set off course momentarily, but our spirits remain undeterred. We are eagerly looking forward to welcoming each of you in August, when we will come together for a day of fun, excitement, and above all, safe swimming.

Until then, please stay safe, keep training, and know that your continued support is invaluable to us. We promise to make the upcoming swim event worth the wait.

Steve & The DUCS Crew

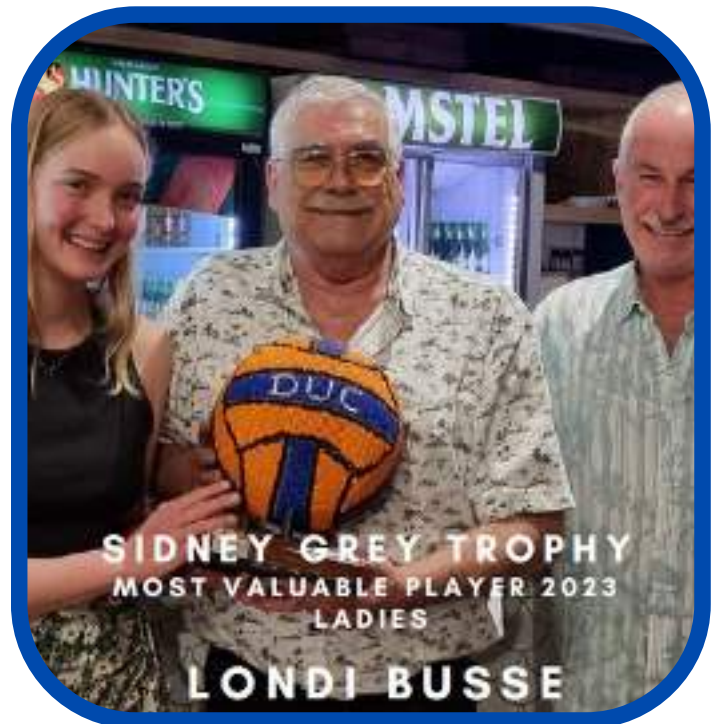


FREE AIRFILL Special only valid on Club Night (Thursdays)
Member to keep their MEAL receipt and hand it to Praise to receive the free air fill on club night.



The DUC Water Polo Division held their Annual Water Polo gala dinner on Saturday.

Photos credits Jo Grey





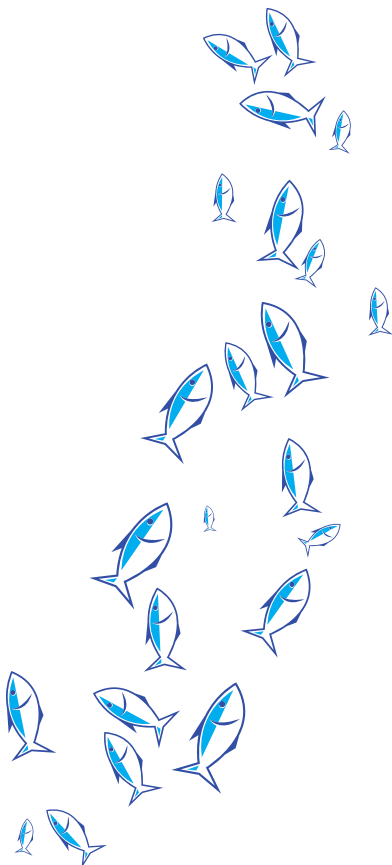
Don't forget the Tackle Talk on Wednesday - there will be some goodies for sale too.

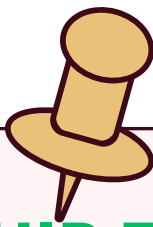


The next DSBC Monthly Mug fishing competition will be held on Saturday 5th August - please note that entry payments going forward will be by card payment only at the Bait Store on the day.

On the Hook Today

A beautiful Yellow Fin Tuna weighing 33.66kg was caught by Kyle Loumeau early this morning off Moses Mabida and gave him a jolly good run!





** MEMBERSHIP FEES 2023/24 **

Fees are due on 1 August and in full by 31 August 2023.

INVOICES for 2023/24 subs have been emailed to all members with outstanding balances. Please direct queries to accounts@pwsc.co.za

Payments can be made as follows:

~ Via **EFT** to your Club's Nedbank bank account (details on your Subs invoice)

~ **MyClubAccount Platform** - www.myclubaccount.co.za/pwsc

~ **Cash deposits** - deposit cash at a Nedbank ATM and email us a copy of the ATM deposit slip.

Please use your **membership number as the beneficiary reference.**

We are very grateful to our members who have already paid their 2023/24 fees to date.

On this note, could we respectfully request that you pay your fees via EFT where possible instead of by credit/debit card in the Club Office - the reason for this is two-fold:

~ **It saves your Club a substantial amount in credit card bank charges**

~ **Although we love having our Members visit us in the Office, the additional foot traffic at this busy time of year makes for fabulous chaos!**

THANK YOU FOR YOUR CONTINUED SUPPORT !!

Club Venue Hire ...



Club Boardroom for hire with aircon; wi-fi & smart tv
Enquiries : general@pwsc.co.za

PWC Parkade Advertising ...



PARKADE ADVERTISING
Enquiries to:
admin@pwsc.co.za

CLUB ACTIVITIES



SURFSKI PADDLING AT DUC

TUESDAY SHIMMER PADDLE
Starts at 06:00 every Tuesday. Distance 12km.
Traditionally this is a paddle to the second buoy and SW end to the coast on a NE with a circle in halfway on the way out. Regulars skip in for refreshments after.

THURSDAY MORNING OVERS
Starts at 06:00, meet at 06:30 on the beach. Distance roughly 8km.
This is traditionally on interval paddle from DUC to the rock and back.

THURSDAY EVENING DUC DUCS
Starts at 17:30 in summer and as early as 16:45 in winter. Distance roughly 6km to 8km. A circle around the reef or course depending with the tide.

TROPHY BOAT CAMP
Starts at 06:00. Distance roughly 8km.
This is an interval course along the Harbour North Pier, about 6 to 8 km out and back.

SATURDAY SERIES PADDLE
Starts at 07:00. Distance roughly 12km.
Traditionally this is a paddle round the corner to the second buoy on a NE and the water loop works on a NE.

SUNSHY SOCIAL PADDLES
No set plans.

DURBAN UNDERSEA CLUB

UNDERWATER HOCKEY

UNDERWATER HOCKEY DURBAN

COME PRACTICE WITH US

MONDAY & WEDNESDAY NIGHTS
8PM TO 8PM
KINGS PARK SWIMMING POOL

JOIN NOW >

Contact:
Wesley Bevison
079 488 8237
president@duhockey.co.za
WWW.DUHOCKEY.CO.ZA

DUC WATERPOLO ACADEMY

WHAT WE OFFER:

- High performance training
- Specific skill training
- Specific position training
- Water Polo conditioning (Land & Water based)

DUC Water Polo coaches are excited for their training program!

Join us for an excellent program that will allow you to grow as a water polo player and stay ahead of your competition.

• **FIRST SESSION IS FREE!**

CONTACT TERRY:
083 383 4868
THGREY214@GMAIL.COM

DUC WATERPOLO ACADEMY

Prices + Training Days:
EMERGENCY FREE!

PRICES:

- R920 per month
- Includes 2 sessions a week
- Strength and conditioning program for appropriate age and skill level
- (Land and water-based program)
- For ages 10 and upwards

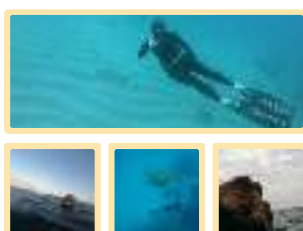
TRAINING DAYS:

- Monday 8pm - 7:30pm
- Wednesday 7pm - 7:15pm
- For all ages and skill levels

CONTACT:

- 083 383 4868
- thgrey214@gmail.com

FREEDIVING . . .



A new DUC Initiative on the horizon...
for further info contact:

Angie van der Hoogen
info@saltescape.co.za

World Leader in
DHL

Lifesaving NIPPERS Training

closed till Spring

STARTS SATURDAYS AT 8:30AM

Please note that the Lifesaving/Nippers season is now closed so training will resume 5 August 2023 thank you.

Upcoming Watersport events to diarise:

- DSBC Monthly Mug - 5 August 2023
- Freediving Course - 11 - 13 August 2023
- DUCS League Swim - 26 August 2023



LAUNCH SITE REMINDERS

- Anybody requiring a DOC Certificate to authorize entry into port, please contact Ronnie Windsor 082 895 5904
- Please ensure younger children going out to sea have the correct fitting life jackets
- Please adhere to bag limits of various species
- Ensure that your vessel has an emergency steering rod on board
- **NSRI Emergency number -082 990 5948**



**PETS ON A LEASH PLEASE
AND CLEAN UP AFTER THEM
THANK YOU !!**

Specials Menu

2 - 6 August 2023

BIG DADDY BREAKFAST - R95

Eggs, mini steak grilled, chakalaka, pork sausage, tomato, bacon & chips

BEEF BREDIE PIE - R90

South African Beef stew slow cooked in rich gravy

RIBS & WINGS - R150

Smokey BBQ Ribs, sticky wings served with chips

Daily Kitchen Specials

All week while stocks last

LINEFISH OF THE DAY - R125

Grilled / pan-fried linefish with pea and cherry tomato risotto, green beans and veloute sauce

SURF & TURF - R148

250g Rump topped with 4 large prawns in a creamy seafood white wine sauce

VEGETARIAN SPECIALS

Grilled Veg Stack - R85

Grilled veg stacked & baked with mozzarella topping served with Napolitana sauce & fresh herbs

Veg StirFry - R70

Thai style veg selection with yellow egg noodles, Asian soy sweet chilli sauce sprinkled with sesame seeds

Wednesday 2nd August

MINI BEEF BUNNY CHOW - R88

Warm spicy beef curry in a burger bun served with salsa & plain yoghurt and a **PIESTLY Gin & Dry Lemon ~ OR ~Gin & Tonic**

CURRY NIGHT

Cape Malay Butter Chicken Curry - R88

Cooked Classic Malay style served with Basmati rice, roti & poppadum

Tender Beef Curry - R100

Caribbean style with coconut cream Served with roti and basmati rice and condiments

Thursday 3rd Aug - Club Night

Roasted Pork Roll - R105

deboned pork with special PWSC Stuffing served with veggies and potatoes of the day

Chicken Picatta - R88

Chicken breast seasoned & fried, with herb butter and Italian sauce, served with roast potatoes; medley veg & rice of the day

Friday 4th Aug - Family Friday

from 12:30

Fisherman's Eisbein - R98

**** while stocks last ****

Dipped in Pork Jus with vegetables and potatoes of the day

Portuguese Beef Trinchado - R95

Portuguese flavoured beef cubes cooked with onion, tomatoes & hint of red chilli, served with veggies, roast potatoes and rice

Sunday 6th Aug

PWSC Sunday Pork Belly - R125

(includes pudding)*

with seasonal veg, served with cinnamon apple sauce

Traditional Beef Wellington - R110

English style beef roast wrapped in puff pastry, spinach and mushrooms. Served with Yorkshire Pudding, roasted potatoes, and vegetables of the day

***Warm Mix Berry Pudding - R45**

Mixed Berry pudding served warm with berry sauce & custard whipped cream

THE
POINT
WATER SPORTS
CLUB



SUNDAY 06 AUG

1PM - 4PM

JASON ANDREW

Hosted by :

The Point Water Sports Club

**LIVE
MUSIC**



Club operating hours

As of 7th June 2023

KITCHEN

Mon-Tues	CLOSED
Wed-Friday	08:00-19:45
Saturday	07:00-19:45
Sunday	07:00-17:00
Public Holidays	08:00-17:00

COFFEE BAR

Mon-Tues	CLOSED
Wed-Fri	06:30-20:30
Saturday	06:00-20:30
Sunday	06:00-18:30
Public Holidays	06:00-18:30

BAR

Mon-Tues	CLOSED
Wed-Thurs	10:00-21:00
Friday	10:00-21:30
Saturday	09:00-21:30
Sunday	09:00-20:00
Public Holidays	09:00-19:00

OFFICE

Mon-Tues	CLOSED
Wed-Fri	09:00-15:00
Sat-Sun & PH	09:00-14:00

